



## **COMMUNITY RESOURCE GUIDE**

*Updated Jan 2026*

CITY OF DES PLAINES  
1420 MINER STREET  
DES PLAINES, IL 60016

Dear Des Plaines Resident,

This Des Plaines Community Resource Directory has been prepared as a community service through the efforts of the City of Des Plaines Human Services. It is designed to offer information concerning a variety of services and activities available to Des Plaines residents. Our goal is to link you with the community agencies that are best equipped to meet your needs or answer your concerns. We have attempted to provide you with accurate up-to-date information. Due to occasional changes within individual organizations, it may be advisable to contact the specific agency/organization directly for the most recent available details.

If you have any questions or need further assistance, please feel free to contact our office by phone at **847.391.5480/847.391.5403** or via email at **adanek@desplainesil.gov** or **vpoklop@desplainesil.gov**.

Human Services Division  
City of Des Plaines

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# ABUSE HOTLINES

## **Child Abuse**

800.422.4453 or 800.252.2873 (Illinois Specific Child Abuse Hotline)

## **Domestic Violence**

800.799.7233

## **Elder (60+) & Disabled (ages 18-59)**

866.800.1409

# ADDICTION/COUNSELING/SUPPORT SERVICES

## **Advocate Lutheran General Hospital Older Adult Services**

9375 Church Street, Des Plaines, IL 60016

847.723.7277

Provides information and referral about local programs and services. Phillips Lifeline, Medicare approved counseling and consultation, family education, and support groups are also offered.

## **Age Options**

1048 Lake Street Suite 300, Oak Park, IL 60301

800.699.9043

Provides intervention for elderly victims of financial, physical, sexual, emotional abuse and/or neglect, counseling support, and information and referral on local resources.

## **Alano of Des Plaines**

1535 East Oakton Street, Des Plaines, IL 60018

847.297.9237

Support groups for friends and family of alcoholics.

## **Alcoholics Anonymous (AA)**

312.346.1475

chicagoaa.org

Provides information on support groups and referrals for hospital treatment.

## **Ascension Alexian Brothers - Behavioral Health Hospital**

1650 Moon Lake Boulevard, Hoffman Estates, IL 60169

800.432.5005

Provides both in-patient and out-patient care for mental health, substance abuse, and eating disorders.

## **Birth To Five Illinois**

773.739.0453

www.birthtofiveil.com

Provides resources and access to child care and early learning services for children from birth to age five.

## **Brightside Clinic**

224.205.7863

Brightside specializes in treating opioid prescription drug abuse and heroin addiction with minimal impact on employment. Their tag line is, "Kick the pill. Keep your job."

## **CARE**

844.584.5254 (ext. 812)

Located in Arlington Heights, CARE partners with Live4Lali, Omni Youth Services, Brightside Clinic, Linden Oaks Behavioral Health Hospital, and Northwest Community Hospital to link people to substance misuse resources.

# ADDICTION/COUNSELING/SUPPORT SERVICES (CONT).

## **C.I.T.Y Of Support**

1423 East Palatine Road, Arlington Heights, IL 60004

hello@cityofsupport.org

Provides support and resources for parents and caregivers of children with special needs.

## **Eldercare Locator**

800.677.1116

Provides information and referral about senior services to friends and families who reside in another state.

## **Family Behavioral Health Clinic**

701 Lee Street Suite 100, Des Plaines, IL 60016

847.390.3004

Provides mental health and substance use services to individuals (children, teens, and adults) and families.

## **Family Guidance Centers**

484 Lee Street, Des Plaines, IL 60016

847.827.7517

Provides a full continuum of care for substance use disorder, from prevention and harm reduction to treatment and recovery support.

## **First Step House (Men)**

1029 Graceland Avenue, Des Plaines, IL 60016

847.824.1256

Support group and meetings. Half-way house for males 18 & over. Call for more information.

## **Illinois Department on Aging**

555 West Monroe Street Suite 1500 S, Chicago, IL 60661

847.252.8966

Provides information, assistance and referral on programs/ services for seniors 65 and older. Cases of elder abuse can be reported by contacting this office.

## **Kenneth Young Center**

1001 Rohlwing Road, Elk Grove Village, IL 60007

847.524.8800

Provides counseling services for children, families, adults and seniors in individual and group settings; care management & support services for seniors. Information and referral.

## **Lutheran Social Services of Illinois**

1001 East Touhy Avenue Suite 170

847.635.4600

Provides behavioral, drug and alcohol counseling; senior housing and senior services; foster care, adoption, and childcare services; prisoner and family ministry as well as other support services.

# ADDICTION/COUNSELING/SUPPORT SERVICES (CONT).

## **Mainstay Youth & Family Services**

1700 Ballard Road, Park Ridge, IL 60068  
847.297.2510

Provides individual therapy, family therapy, child and adolescent group therapy, parent and community education programs, parenting skill groups and information, summer camp, and Big Brothers Big Sisters mentoring program as well as referral for those who live or go to school in Maine Township.

## **Metropolitan Family Services**

5210 Main Street, Skokie, IL 60077  
847.425.7500

Provides child and adolescent mental health programs, family support & prevention programs, domestic violence counseling, elder abuse investigation & senior counseling services.

## **Miracle House (Women)**

510 East Oakton Street, Des Plaines, IL 60018  
847.803.2901

Transitional living house for women attempting to recover from the disease of alcoholism and drug addiction. Call for more information.

## **National Alliance on Mental Illness (NAMI)**

Cook County North Suburban Chapter  
8324 Skokie Boulevard, Skokie, IL 60077  
847.716.2252

NAMI is a not-for-profit membership organization created to improve the lives of individuals and families challenged by mental illness. In collaboration with NAMI National and Illinois affiliates, they influence public policies, provide education and support programs, and increase public awareness and understanding of mental illness. Call for more information.

## **Normandy House Sober Living**

877.227.0520  
[normanysoberliving.org](http://normanysoberliving.org)

## **North Shore Senior Center**

161 Northfield Road, Northfield, IL 60093  
847.784.6000

Provides weekly activities, classes, trips, and programs for the active older adult. Offers a variety of social services, which include support groups, individual and family counseling, peer counseling and friendly visiting. They also provide case management and investigate elder abuse through Adult Protective Services (APS).

# ADDICTION/COUNSELING/SUPPORT SERVICES (CONT).

## **Northwest Compass Inc.**

1300 West Northwest Highway, Mount Prospect, IL 60056  
847.392.2344

Provides housing programs, utility, and emergency assistance to those who qualify. Call for more information.

## **Open Communities**

1740 Ridge Avenue Suite 117, Evanston, IL 60201  
847.501.5760

Provides fair and affordable housing counseling services, community education, advocacy and organizing for welcoming communities. Offers programs in foreclosure prevention, landlord tenant advice, home sharing, immigrant integration and community organizing.

## **Rainbow Hospice & Palliative Care**

1550 Bishop Court, Mount Prospect, IL 60056  
847.685.9900

Provides a full hospice program for patients with life-limiting illnesses expressing a desire for comfort care. Enables people to live with dignity and hope while coping with loss and end of life issues. Bereavement Services include support groups, counseling and correspondence programs.

## **SHARE**

1776 Moon Lake Boulevard, Hoffman Estates, IL 60169  
847.882.4181

SHARE is a not-for-profit offering detox services, inpatient substance abuse treatment, and out patient substance abuse treatment options. SHARE is a program of Leyden Family Services, which is a mental health agency listed under **CRISIS INTERVENTION**.

# ADULT DAY CARE

**Advocate Lutheran General Hospital Older Adult Center**

9375 Church Street, Des Plaines, IL 60016

847.723.7770

**Advocate Lutheran Adult Day Center (Mental & Behavioral Health Services)**

847.723.5896

**Cherished Place Adult Day Club**

800 W. Oakton Street, Arlington Heights, IL 60004

847.368.7526

**CJE Seniorlife Adult Day Services**

1551 Lake Cook Road, Deerfield, IL 60015

847.492.1400

**House of Welcome**

1779 Winnetka Road, Northfield, IL 60093

847.242.6250

# CHILD SUPPORT ENFORCEMENT

**Illinois Department of Healthcare and Family Services (HFS)**

Division of Child Support Enforcement (Cook County Region)

36 South Wabash Avenue, Chicago, IL 60603

800.447.4278

To receive help collecting child support, establishing paternity, or information on other Child Support Enforcement Services, call the Customer Service Call Center at 800.447.4278

# CONSUMER SERVICES

## **Attorney General's Office**

100 West Randolph Street 12th Floor, Chicago, IL 60601  
312.814.3000 or 800.386.5438 (Consumer Fraud Hotline)

The Attorney General's Office Consumer Protection Division protects Illinois consumers and businesses victimized by fraud, deception, and unfair business practices. There is a separate division for senior citizens.

## **Better Business Bureau of Chicago & Northern Illinois**

330 North Wabash Avenue Suite 3120, Chicago, IL 60611  
312.832.5000 or 888.982.0210 (Toll Free)

To get a report on a business or to file a complaint, call and ask to speak to a representative or visit their website at [chicago.bbb.org](http://chicago.bbb.org).

## **Citizens Utility Board (CUB)**

309 West Washington Street Suite 800, Chicago, IL 60606  
312.263.4282 or 800.669.5556 (Toll Free)

Call with questions or complaints about your utility service. Consumer Rights Counselors with extensive knowledge of utility-related laws and regulations can inform you of your rights; while showing you how to cut your telephone, natural gas, and electric costs. They may also be able to file complaints with the utility companies on your behalf.

## **Des Plaines Chamber Of Commerce & Industry**

1400 East Touhy Avenue Suite 145, Des Plaines, IL 60018  
847.824.4200

Serves as an advocate for local businesses. In addition to programs and services for member businesses, the Chamber provides new resident greeting services, general community information and publishes an annual community directory and map.

## **U.S. Food & Drug Administration (FDA)**

888.463.6332

Enforces the Federal Food, Drug and Cosmetic Act and related laws to ensure the purity and safety of food, drugs and cosmetics, the safety of therapeutic devices and the truthful, informative labeling of such products.

## **Federal Trade Commission (FTC)**

877.382.4357

The Federal Trade Commission (FTC) is the nation's consumer protection agency. Its Bureau of Consumer Protection works to prevent fraud, deception, and unfair business practices, and provides information on consumer fraud, identity theft, and the National Do Not Call Registry. For more information, please call or visit their website at [ftc.gov](http://ftc.gov).

# CONSUMER SERVICES (CONT).

## **Small Claims Court**

Rolling Meadows Court House

2121 Euclid Avenue, Rolling Meadows, IL 60008

847.818.2286

Skokie Court House

5600 Old Orchard Road , Skokie, IL 60077

847.470.7200

# COURT HOUSES

## **Second Municipal District**

Circuit Court of Cook County

5600 Old Orchard Road Suite 136, Skokie, IL 60077

## **Third Municipal District**

Circuit Court of Cook County

2121 Euclid Avenue, Rolling Meadows, IL 60008

847.818.2286

# CRISIS INTERVENTION

## **American Red Cross**

2200 West Harrison Street, Chicago, IL 60612  
312.729.6100

The American Red Cross provides relief to victims of disaster and helps individuals prevent, prepare and respond to emergencies. For more information, please call.

## **Bridge Youh & Family Services**

721 South Quentin Road Suite 103, Palatine, IL 60067  
847.359.7490

The Crisis Intervention program provides 24-hour crisis intervention to runaway youth, youth who have been thrown out of their homes or are otherwise homeless, or youth who are beyond the control of their parents and pose a risk to themselves or others. The program also focuses on reunifying the at-risk youth with their parents.

## **Children's Advocacy Center North/Northwest Cook County**

640 Illinois Boulevard, Hoffman Estates, IL 60169  
847.885.0100

Provides forensic and advocacy services for child victims of sexual and severe physical abuse as well as mental health services for children and their non-offending family members.

## **Connections For The Homeless, Inc.**

2121 Dewey Avenue, Evanston, IL 60201  
847.475.7070

Provides housing, employment, and supportive services to move individuals and families out of homelessness.

## **Elk Grove Township**

600 Landmeier Road, Elk Grove Village, IL 60007  
847.437.0300

Provides a variety of services and programs to Elk Grove Township residents including but not limited to emergency assistance, food pantry, counseling, senior services and holiday assistance.

## **The Harbour**

1440 Renaissance Drive Suite 240, Park Ridge, IL 60068  
847.297.8540

The Harbour offers emergency housing to homeless youth as well as young mothers experiencing housing instability. They offer a transitional living program, as well.

## **Illinois Department of Human Services - Help Line**

800.843.6154

# CRISIS INTERVENTION (CONT.)

## **Journeys The Road Home**

1140 East Northwest Highway, Palatine, IL 60074  
847.963.9163

Provides information & referral regarding services for legal, medical, dental, and housing to individuals who are homeless or at risk of homelessness. Assistance in job search, mental health, case management, counseling, and more. P.A.D.S. provides secure overnight shelter and three meals for men, women, and children from 7 p.m. to 7 a.m. helter locations throughout the northwest suburbs. Guests must call the main office to register prior to accessing shelter services.

## **Korean American Women In Need (KAN-WIN)**

847.299.1392 or 773.583.0880 (24-Hour Confidential Hotline)

Provides services to individuals and families in the Asian community that have been victims of domestic violence and/or sexual assault and survivors. Programs include a 24-hour hotline, case management, transitional housing, legal advocacy, support groups, programs for children and sexual assault services.

## **Leyden Family Service and Mental Health Center**

10001 West Grand Avenue, Franklin Park, IL 60131  
847.451.0330

Provides a range of counseling, substance use treatment and preventative care services for adults, adolescents, senior citizens, children and families.

## **Leyden's 24/7 Mental Health Crisis Line**

847.451.1100

Provides 24-hour emergency coverage, seven days a week, for individuals and families in emotional distress. Responses include, but are not limited to, onsite evaluations, scheduling of appointments and/or referrals to outside resources, and pre-admission screening for clients needing hospitalization.

## **Life Span**

701 Lee Street Suite 700, Des Plaines, IL 60016  
847.824.0382

Provides information and referral, legal services, individual counseling, support groups and court advocacy to victims of domestic violence and their children.

## **The Living Room at Kenneth Young Center**

1585 West Dempster Street Suite 110, Mt. Prospect, IL 60056  
800.677.1116

The Living Room provides a safe, welcoming environment where individuals can calmly process a crisis, receive immediate support, and connect to helpful resources. The Living Room Program offers a compassionate, community-based alternative to emergency room care for individuals facing some of life's most challenging moments.

# CRISIS INTERVENTION (CONT.)

## **Maine Township**

1700 Ballard Road, Park Ridge, IL 60069  
847.297.2510

Provides a variety of services and programs to Maine Township residents, including but not limited to emergency assistance, a food pantry, senior services, and transportation to medical appointments for seniors and individuals with disabilities.

## **National Suicide Prevention Hotline**

800.273.8255 or **988**

This number still works but you can also dial 988 for Suicide & Crisis Lifeline- you'll get connected to a counselor

## **Northwest Center Against Sexual Assault**

415 West Golf Road Suite 47, Arlington Heights, IL 60005  
847.806.6526 or 888.802.8890 (24-Hour Confidential Hotline)

Provides sexual assault services: crisis intervention, 24-hour hotline and follow-up recovery services to victims or survivors of sexual abuse, legal advocacy, and community education.

## **The Salvation Army Corps Community Center**

609 West Dempster Street, Des Plaines, IL 60016  
847.981.9111

Provides emergency food, counseling, and other assistance.

## **Self-Help Closet & Food Pantry of Des Plaines**

769 Holiday Lane, Des Plaines, IL 60016  
847.375.1443

Provides emergency food and clothing once a month to those in need. Identification is required.

## **Shelter, Inc.**

1616 North Arlington Heights Road, Arlington Heights, IL 60004  
847.255.8060

Provides community-based, emergency, and temporary housing for children and adolescents from birth through age 17 who are abused, neglected, dependent, or in need of supervision throughout the suburbs of Chicago.

# DENTAL REFERRALS (LOW-COST PROGRAMS)

## **Chicago Dental Society**

312.836.7300

CDS.org

## **Cook County Dept. of Public Health - Dental Health Services**

(Local Site) 3250 North Arlington Heights Road Suite 300  
Arlington Heights, IL 60004

847.934.7969 or 847.818.2860 (Informational Line)

The health department provides a wide-array of dental services including family dental health clinics and community-based services. At family clinics, dental services include sealants, examinations, fillings, fluoride treatments, cleanings and extractions for adults and children. Financial guidelines apply. By appointment only.

## **Dental Lifeline Network Program**

309.691.5938

[dentallifeline.org/illinois](http://dentallifeline.org/illinois)

Serves permanently disabled, seniors 65 or older and those that qualify as medically fragile. Each person's condition must be severe enough to prohibit or significantly limit substantial gainful employment. To qualify applicants must be unable to afford dental care or receive dental services through other programs and need extensive treatment.

## **Harper Dental Hygiene Clinic (Harper College)**

1200 West Algonquin Road Building X, Palatine, IL 60067

847.925.6534

This dental clinic offers low-cost, simple cleaning, x-rays and sealants. Cleaning by a dental hygiene student includes exam by dentist. Discounts for senior citizens.

## **Northeast Community Healthcare Mobile Dental Clinic**

800 West Central Road, Arlington Heights, IL 60005

This program offers preventative and simple restorative dental treatment in a state-of-the-art clinic on wheels for low-income residents of Elk Grove and Wheeling Townships in Des Plaines. Please call your township directly. Elk Grove Township (847-437-0300) and Wheeling Township (847-259-7730). Appointments are required.

## **University of Illinois at Chicago**

UIC College of Dentistry 801

South Paulina Street, Chicago, IL 60612

312.996.7555

The College of Dentistry offers a complete range of dental and oral health services. The dental clinics are primarily for patients who have dental work that corresponds to the teaching needs of students. Reduced fees are available.

# DENTAL REFERRALS (LOW-COST PROGRAMS)

## **Willow Creek Care Center**

67 Algonquin Road Entrance G, South Barrington, IL 60010  
224.512.2600

Provides emergency food assistance and referrals to Dental and Vision Clinics. Call for more information.

# DISABILITY SUPPORT SERVICES

## **Avenues To Independence**

515 Busse Highway, Park Ridge, IL 60068  
847.292.0870

Provides vocational and residential services for persons with developmental disabilities.

## **Center For Enriched Living**

280 Saunders Road, Riverwoods, IL 60015  
847.948.7001

Social enrichment and skill development center for individuals with developmental disabilities. Programs include afterschool clubs, vacations, community outings, night and weekend programs, summer camps, etc.

## **The Chicago Lighthouse**

1850 West Roosevelt Road, Chicago, IL 60608  
312.666.1331

Provides opportunities for children, youth and adults who are blind, visually impaired, or multi-disabled. Classroom teaching is available for those from birth to age 21, who are not able to attend regular school. Programs are designed to optimize the potential for independent living, economic self-support and public information through promotion of the abilities of people with disabilities.

## **Chicago Lighthouse - North**

222 Waukegan Road, Glenview, IL 60025  
847.510.6200

Offers programs and services that help individuals optimize their remaining vision, meet developmental and educational milestones and lead more independent lives.

## **Clearbrook**

1835 West Central Road, Arlington Heights, IL 60005  
847.870.7711

Offers programs and services to children, adults and families impacted by developmental and intellectual disabilities throughout the suburbs and Chicagoland area.

## **Community Alternatives Unlimited**

8765 West Higgins Road Suite 300, Chicago, IL 60631  
773.867.4000

Provides case management services to individuals with a wide range of disabilities including developmental disabilities, mental health needs and child welfare challenges.

## **Glenkirk**

3504 Commercial Avenue, Northbrook, IL 60062  
847.272.5111 (Ext. 541)

Provides comprehensive community-based services for people with developmental disabilities and their families.

# DISABILITY SUPPORT SERVICES (CONT.)

## **Illinois Department of Human Services (DHS)**

Division of Rehabilitation Services (DRS)

3501 Algonquin Road Suite 350, Rolling Meadows, IL 60008

Provides help at home for the disabled under the age of 60 and vocational rehabilitation for individuals of any age.

# DONATIONS

## **Amvets**

708.388.7800

Pick up and drop off locations available for donations of clothing and household goods. Call or visit the website at [amvets.org](http://amvets.org) for list of acceptable items.

## **GENCenter (formerly Frisbie Senior Center) Once & Again Resale Shop**

50 East Northwest Highway, Des Plaines, IL 60016

847.768.7055

No pickup available, only drop off of clothing and some furniture. Please call for more information.

## **Goodwill**

1521 Lee Street, Des Plaines, IL 60018

847.699.7019

No pickup available, only drop off of clothing, appliances and some furniture. Please call for more information.

## **Salvation Army**

847.981.9111

Pick up and drop off locations available for donations of clothing, appliances, furniture, etc. Please call for information.

## **Self-Help Closet & Food Pantry of Des Plaines**

769 Holiday Lane, Des Plaines, IL 60016

847.375.1443

Please call or go to [www.selfhelppantry.org](http://www.selfhelppantry.org) for Drop-off/donation hours, Red Barrel locations, and a list of acceptable items to donate.

# EDUCATIONAL PROGRAMS

## **American Red Cross**

2200 West Harrison Street, Chicago, IL 60612  
312.729.6100

Provides safety/health courses and monitors certification of instructors.

## **Des Plaines Park District Administrative & Leisure Center**

2222 Birch Street, Des Plaines, IL 60018  
847.391.5700

Teen Center, fully equipped health club, Des Plaines School of Dance and preschool/early childhood classes. Please call for a detailed list of programs.

## **Des Plaines Public Library**

1501 Ellinwood Street, Des Plaines, IL 60016  
847.827.5551

Sponsors a variety of programs and special services such as large print/audio books, periodicals and health and financial programs. Please call for a detailed list of programs/services or visit [www.dppl.org](http://www.dppl.org).

## **Driving & Refresher Program - GENcenter (formerly Frisbie)**

52 East Northwest Highway, Des Plaines, IL 60016  
847.768.5944

Provides Rules of the Road, a driving instruction refresher program, held six times a year. Also offers the AARP's 55 ALIVE program six times a year, which provides a reduction on car insurance.

## **GENCenter (formerly Frisbie Senior Center)**

52 East Northwest Highway, Des Plaines, IL 60016  
847.768.5944

Provides a variety of social, educational, and physical, enriching programs for seniors 55 years of age and older. Please call for a detailed listing of events.

## **Harper College**

1200 West Algonquin Road, Palatine, IL 60067  
847.925.6000

Community College that provides both credit and non-credit courses. Call for more information please call.

# EDUCATIONAL PROGRAMS (CONT.)

## **Maine Township Adult & Senior Services Mainstreamers**

1700 Ballard Road, Park Ridge, IL 60068  
847.297.2510

Provides activities including breakfast club speakers, day trips, theater parties, luncheons, and bingo. Call for more information.

## **Mount Prospect Park District/Rec Plex**

420 West Dempster Street, Mount Prospect, IL 60056  
847.640.1000

Provides a variety of health & physical education opportunities.

## **Oakton Community College**

1600 East Golf Road, Des Plaines, IL 60016  
847.635.1600

Community College that provides both credit and non- credit courses. For more information, please call.

## **Township High School District 214 Community Education**

2121 South Goebbert Road, Arlington Heights, IL 60005  
847.718.7700

Township High School District 214 offers a wide range of Adult Education and Family Literacy Classes of interest to the entire family. Provides residents, 62 years of age or older, who live in High School District #214 with a Gold Card that provides discount tuition for adult education classes. Call for class and catalog information.

# EMERGENCY SERVICES

## **Des Plaines Fire Department**

405 South River Road, Des Plaines, IL 60016

911 (Emergency) or 847.391.5333 (Non-Emergency)

Provides safety/health courses and monitors certification of instructors.

## **Des Plaines Police Department**

1420 Miner Street, Des Plaines, IL 60016 (Administrative Office)

911 (Emergency) or 847.391.5400 (Non-Emergency)

Provides cooperation with our community to protect life and property and enhance the quality of life for all of our citizens.

# EMPLOYMENT/JOB TRAINING

## **Center Of Concern**

1665 Elk Boulevard, Des Plaines, IL 60016

847.823.0453

An employment counseling program that aids jobseekers of all ages in finding employment, creating resumes, and improving interviewing skills. Please call for an appointment.

## **Illinois Department of Employment Security (IDES)**

Provides unemployment compensation, job services, and placement. In person services are available by calling the IDES scheduling hotline at 217-558-0401. Additional information is available at [www.ides.illinois.gov](http://www.ides.illinois.gov).

# FINANCIAL ASSISTANCE

## **Elk Grove Township**

600 Landmeier Road, Elk Grove Village, IL 60007  
847.437.0300

Provides general assistance and emergency assistance to Elk Grove Township residents.

## **Illinois Department of Healthcare & Family Services (HFS)**

Division of Child Support Enforcement (DCSE) Cook County Region  
800.447.4278

To receive help collecting child support, help establishing paternity or information on other Child Support Enforcement services, call the Customer Service Call Center.

## **Illinois Department of Human Services Help Line**

800.843.6154

Provides financial, medical, food stamp benefits and other supportive services to those who qualify.

## **Maine Township**

1700 Ballard Road, Park Ridge, IL 60070  
847.297.2510

Provides general assistance and emergency assistance to Maine Township residents.

## **Northwest Compass**

1300 West Northwest Highway, Mount Prospect, IL 60056  
847.392.2344

Assists with energy costs through the Low-Income Home Energy Assistance Program (LIHEAP) to those who are income eligible and educational seminars on money management, counseling and debt management programs.

## **Social Security Administration**

705 North Wheeling Road, Mount Prospect, IL 60056  
800.772.1213

Provides assistance in handling Social Security benefits in the case of retirement, disability, or death.

## **Wheeling Township**

1616 North Arlington Heights Road, Arlington Heights, IL 60004  
847.259.7730

Provides general assistance and emergency assistance to Wheeling Township residents.

# FRIENDLY VISITOR PROGRAMS

## **Center Of Concern**

1655 Elk Boulevard, Des Plaines, IL 60016

847.823.0453

Friendly visitors make regular visits to isolated and lonely older adults to improve their well-being.

## **Kenneth Young Center**

1001 Rohlwing Road, Elk Grove Village, IL 60007

847.524.8800

Volunteers visit, help with shopping, or provide respite for caregivers. Elk Grove Township residents only.

## **North Shore Senior Center**

161 Northfield Road, Northfield, IL 60093

847.784.6000

The Friendly Visiting program services Chicago's northern suburbs. The program is offered to homebound older adults and is supervised by the Social Services Department of the North Shore Senior Center. All visitors and those they visit are interviewed by a professional counselor or volunteer and are matched according to similar hobbies, common backgrounds and interests expressed in the interviews.

# HOME SHARING/HOUSING

## **Center of Concern**

1655 Elk Boulevard, Des Plaines, IL 60016  
847.823.0453

Offers a home sharing program for extra income and security. Also provides homelessness prevention funds to assist with rent/mortgage or utilities for households in temporary crisis.

## **Council for Jewish Elderly**

3003 West Touhy Avenue, Chicago, IL 60645  
773.508.1000

Provides group living and individual housing.

## **Frances Manor**

1270 East Golf Road, Des Plaines, IL 60016  
847.299.6200

Provides low-income housing for seniors and disabled individuals.

## **Heinrich House**

1301 Ashland Avenue, Des Plaines, IL 60016  
847.299.6200

Provides low-income housing for seniors and disabled individuals.

## **Housing Authority of Cook County**

Rent Assistance Division  
175 Jackson Boulevard Suite 350, Chicago, IL 60604  
312.663.5447

Operates low-income housing for citizens of Cook County at [www.thehacc.org](http://www.thehacc.org).

## **Illinois Housing Search**

877.428.8844  
[www.ilhousingsearch.org](http://www.ilhousingsearch.org)

## **Myers Place**

1585 Dempster Street, Mount Prospect, IL 60056  
847.258.5037

Permanent supportive housing. Call for more information.

## **Open Communities**

1740 Ridge Avenue Suite 117, Evanston, IL 60201  
847.501.5760

Provides a home sharing, fair housing, landlord/tenant and foreclosure programs. For other fair housing information, visit [open-communities.org](http://open-communities.org).

# HOME SHARING/HOUSING (CONT.)

## **Silver Connections**

866.421.8266

Provides free resources to seniors.

# HOSPITALS AND HEALTH-RELATED SERVICES

*Many hospitals offer a variety of activities, home health services, programs, seminars, support groups, and transportation services for some appointments. Please contact each hospital below regarding their individual services.*

## Hospitals

### **Advocate Lutheran General Hospital**

1775 Dempster Street, Park Ridge, IL 60068  
847.723.2210

### **Ascension/Alexian Brothers Medical Center**

800 Biesterfield Road, Elk Grove Village, IL 60007  
847.437.5500

### **Resurrection Medical Center Chicago**

7435 West Talcott Avenue, Chicago, IL 60631  
773.774.8000

### **Endeavor Health Northwest Community Hospital**

800 West Central Road, Arlington Heights, IL 60005  
847.618.1000

### **Access Community Health Network - Genesis Center**

1 North Broadway Street, Des Plaines, IL 60016  
847.298.3150

Provides primary health care (diagnosis and treatment) to low-income uninsured individuals/families of suburban Cook County for a small annual enrollment fee and co-pays for services provided.

### **Access to Care**

2225 Enterprise Drive Suite 2507, Westchester, IL 60154  
708.531.0680

Provides primary health care (diagnosis and treatment) to low-income uninsured individuals/families of suburban Cook County for a small annual enrollment fee and co-pays for services provided.

### **Cook County Health**

312.864.6000

Cook County Bureau of Health Services Primary Care Clinic provides sliding scale medical care; income guidelines apply.

# HOSPITALS AND HEALTH-RELATED SERVICES (CONT.)

## **Cook County Health - Arlington Heights Health Center**

847.934.7969

Services include Family & Medicine, Physicals and Wellness Checks, Pediatric and Adolescent Health, Prenatal Care, Well-Women Care and Lab Services, etc.

## **Eye Care America**

P.O. Box 7424, San Francisco, CA 94120

877.887.6327

Seniors, 65 years of age and older may qualify for a referral for an eye exam by an Ophthalmologist. Please go to [eyecareamerica.org](http://eyecareamerica.org) for more information. Provides two programs: an eye exam program and a glaucoma awareness program for seniors aged 65 and older. Qualification is required.

## **Illinois Department on Aging**

800.252.8966

The Illinois Department on Aging provides a program that offers free transit rides for seniors and persons with disabilities and Illinois Secretary of State license plate discounts. Must be income eligible to apply.

## **New Beginnings Maternity Program**

100 North River Road, Des Plaines, IL 60016

847.813.3040

Provides prenatal services and education to low income, uninsured or underinsured pregnant mothers.

## **Pharmaceutical Research and Manufacturers of America**

1270 East Golf Road, Des Plaines, IL 60016

847.299.6200

Provides free medications to patients who could not otherwise afford them. Patients must speak to their physician about obtaining approval for this program. Applications and medications are sent to the physician's office. A list of participating drug companies and contacts for the program are available through your doctor's office.

# INSURANCE

## **Get Covered Illinois**

866.311.1119  
getcoveredillinois.gov

Complete the “Get Started” tool to find out if one is eligible for Medicaid coverage or tax credits through the Health Insurance Market Place.

## **Illinois Department on Aging - Senior Health Insurance Program**

555 West Monroe Street Suite 1500 - S, Chicago, IL 60661  
800.252.8966

For assistance with insurance programs, Medicare, and supplemental policies, please make an appointment to speak with a Senior Health Insurance Program (SHIP) counselor. SHIP counselors are trained to provide objective information to Medicare beneficiaries, their caregivers or representatives who have issues and/or questions regarding Medicare, Medicare Supplement, Medical Managed Care and more. SHIP Counselors are also available through Center of Concern (847.823.0453), Elk Grove Township (847.497.0300), GENCenter (847.768.5944), and Maine Township (847.297.2510).

## **Illinois DHS Family Community Resource Center**

North Suburban Office  
3501 West Algonquin Road - 4th Floor, Rolling Meadows, IL 60008  
847.483.7171

Apply for Healthcare, Food and Financial Assistance through the State of Illinois Department of Human Services (DHS).

## **Illinois Department of Insurance**

122 South Michigan Avenue - 19th Floor, Chicago, IL 60603  
312.814.2420

Provides information on Medicare supplemental insurance, assistance with all forms of life, health, property, casualty insurance complaints and regulation of insurance licenses.

## **Medicare**

800.633.4227 (General Information)

For general Medicare information, ordering Medicare booklets, and information about health plans, contact 1-800-MEDICARE 24 hours a day, 7 days a week for assistance. English and Spanish-speaking customer service representatives at this number can answer questions about the Original Medicare Plan and provide up-to-date information regarding the health plans available in your area. Or visit the website at [medicare.gov](http://medicare.gov).

# LAWN CARE AND SNOW REMOVAL

## **Jet City Coalition**

847.313.5508

Jet City Coalition organizes volunteers to assist senior and/or disabled residents with snow removal and lawn care. Please call if you need snow removal and/or lawn services or if you would like to volunteer your time to help your community members by providing snow removal and/or lawn care.

# LEGAL SERVICES

## **Center of Concern**

1665 Elk Boulevard, Des Plaines, IL 60016  
847.823.0453

Please call for an appointment to meet with an attorney for legal questions or for assistance in preparing a will. Some income limitations and age restrictions apply.

## **CARPLS**

312.738.9200

Provides free consultations to assist individuals facing legal issues such as unemployment, evictions, family law, probate, debt, and more. Also operates four partner hotlines locally and statewide serving a wide range of constituents: the Early Resolution Program through the Cook County Legal Aid for Housing & Debt program, IL-AFLAN for veterans and military service members, New Leaf Illinois for cannabis expungement help, and Eviction Help Illinois or housing issues.

## **Cook County State's Attorney - Consumer Fraud Division**

69 West Washington Street Suite 3130, Chicago, IL 60602  
312.603.1851

Receives complaints from those who believe that lies or deception have been used in convincing them to sign a contract or make a purchase. Complaints must be registered in person or by mail. If offenses are committed in Cook County violators will be prosecuted.

## **Chicago Bar Association**

321 South Plymouth Court, Chicago, IL 60604  
312.554.2000

Provides referrals to attorneys. The Chicago Bar Association has screened these lawyers for experience, verified that they are licensed to practice in Illinois, confirmed they are in good standing with the Illinois Supreme Court, and ensured they maintain professional liability insurance.

## **Illinois Department of Healthcare and Family Services (DFS)**

Division of Child Support Enforcement - Cook County Region  
800.447.4278

To receive help collecting child support, help establishing paternity or information on other Child Support, call the Customer Service Call Center.

## **Legal Aid Chicago (formerly Legal Assistance Foundation)**

120 South LaSalle Street Suite 900, Chicago, IL 60603  
312.341.1070

Provides legal services for income eligible persons of Suburban Cook County.

# LEGAL SERVICES (CONT.)

## **Life Span**

701 Lee Street Suite 700, Des Plaines, IL 60016

847.824.0382

Provides information and referral, legal services, individual counseling, support groups and court advocacy to victims of domestic violence and their children.

## **North Suburban Legal Aid Clinic**

3500 Western Avenue Suite 2A, Highland Park, IL 60035

847.737.4042

Provides free legal services in the areas of domestic violence, housing, and immigration to low-income, at-risk community members.

## **State of Illinois Guardian Advocacy Commission**

9511 Harrison Avenue Room W, Des Plaines, IL 60016

847.294.4264

Provides information on state guardianship, investigates violations of disability laws, and provides legal advocacy for rights violations.

# LICENSE SERVICES

## Disability Placards

*In Illinois, disability parking placards are available for temporary or permanent disabilities. Temporary placards, valid for three or six months depending on the issuer, can be obtained at Secretary of State facilities or some local municipalities, while permanent placards must be applied for by mailing a physician-certified form to the Secretary of State. Some facilities where you can apply for temporary placards are listed below; this list is not exhaustive.*

### **Des Plaines Drivers License Facility**

1470 Lee Street, Des Plaines, IL 60018  
312.793.1010

### **GENCenter (formerly Frisbie Senior Center)**

52 East Northwest Highway, Des Plaines, IL  
847. 768. 5944 (Please Call Ahead For Appointment)

### **Elk Grove Township**

847.437.0300

### **Maine Township**

847.297.2510

### **Wheeling Township**

847.259.7730

## Illinois Secretary of State Drivers License Facilities

### **Des Plaines**

1470 Lee Street, Des Plaines, IL 60018  
312.793.1010

### **Schaumburg**

1227 East Golf Road, Schaumburg, IL 60173  
312.7931010

# LICENSE STICKERS FOR VEHICLES

*The following townships provide unincorporated Des Plaines residents with Cook County vehicle stickers. For information, please call or visit your township's website. Discounts are available for citizens 65 years or older. Proof of age and a valid driver's license is required.*

## **Elk Grove Township**

600 Landmeier Road, Elk Grove Village, IL 60007  
847.437.0300  
elkgrovetownship.com

## **Maine Township**

1700 Ballard Road, Park Ridge, IL 60068  
847.297.2510  
mainetownship.com

## **Wheeling Township**

1616 North Arlington Heights Road, Arlington Heights, IL 60004  
847.259.7730  
wheelingtownship.com

# MEALS ON WHEELS

## **Advocate Lutheran General Hospital Older Adult Services**

9375 Church Street, Des Plaines, IL 60016

847.732.7770

Provides Meals on Wheels to those living in unincorporated Des Plaines and Park Ridge within Maine Township.

## **GENCenter (formerly Frisbie Senior Center)**

52 East Northwest Highway, Des Plaines, IL 60016

847.768.5944

Provides delivered meals to the disabled and/or residents age 60 years or older who are homebound. Participants must be screened for program eligibility. There is a nominal fee for this service.

## **Seattle Sutton**

800 West Central Road Unit 141, Mount Prospect, IL 60056

224.633.6247

Meals prepared using the nutritional guidelines from the American Heart Association. Meals can be picked up or delivered to your home. Call or visit the website, [seattlesutton.com](http://seattlesutton.com) for hours, menu, and costs.

# MEDICAL ALERT SERVICES

**Medic Alert Foundation Bracelets**

800.432.5378

**Phillips Lifeline**

855.737.3605

# NURSING HOMES

## **Alden - Des Plaines**

1221 East Golf Road, Des Plaines, IL 60016  
847.768.1300

Rehabilitation center: provides physical and occupational therapy.

## **Zahav of Des Plaines (formerly Landmark of Des Plaines)**

9300 Ballard Road, Des Plaines, IL 60016  
847.294.2300

## **Generations at Oakton**

1660 Oakton Place, Des Plaines, IL 60018  
847.299.5588

## **Illinois Citizens For Better Care**

Nursing Home Resident Program  
1 North LaSalle Street Suite 1275, Chicago, IL 60602  
312.663.5120

Provides information, accreditation, assistance with complaints and violations on nursing homes in Illinois.

## **Lee Manor**

1301 Lee Street, Des Plaines, IL 60018  
847.294.2300

## **Omsbudmans Project For Cook County Residents**

312.341.1070

Advocate for residents 60 and older living in a nursing home that are abused and/or neglected.

# PUBLIC ASSISTANCE

## **Illinois Department of Human Services**

Rolling Meadows Office  
3501 West Algonquin Road 4th Floor, Rolling Meadows, IL 60008  
847.483.7171

Skokie Office  
8001 Lincoln Avenue 4th Floor, Skokie, IL 60077  
847.745.3200

Administers Federal/State funded programs: TANF (Temporary Assistance for Needy Families), AABD (Aid to the Aged, Blind, and the Disabled), Food Stamps and Healthcare Coverage.

## **Elk Grove Township**

600 Landmeier Road, Elk Grove Village, IL 60007  
847.437.0300

Provides general assistance/forms for Public Aid and financial assistance for those residents that qualify.

## **Maine Township**

1700 Ballard Road, Park Ridge, IL 60068  
847.297.2510

Provides general assistance/forms for Public Aid and financial assistance for those residents that qualify.

## **Wheeling Township**

1616 North Arlington Heights Road, Arlington Heights, IL 60004  
847.259.7730

Provides general assistance/forms for Public Aid and financial assistance for those residents that qualify.

# RETIREMENT COMMUNITIES

## **Asbury Court**

1750 South Elmhurst Road, Des Plaines, IL 60018  
847.228.1500

Pet-friendly; dogs and cats permitted.

## **Brookdale Des Plaines**

800 South River Road, Des Plaines, IL 60016  
847.440.5089

## **Generations at Oakton**

1665 Oakton Place, Des Plaines, IL 60018  
847.299.5588

## **Lee Manor Rehab and Nursing Center**

1301 North Lee Street, Des Plaines, IL 60016  
847.635.4000

# SCHOOLS

## **Community Consolidated School District #59**

1001 Leicester Road, Elk Grove Village, IL 60007  
847.593.4300

### *Brentwood Elementary School*

260 Dulles Road, Des Plaines, IL 60016  
847.593.4401

### *Devonshire Elementary School*

1401 South Pennsylvania Avenue, Des Plaines, IL 60018  
847.593.4398

### *Friendship Junior High School*

550 Elizabeth Lane, Des Plaines, IL 60018  
847.593.4350

## **Community Consolidated School District #62**

Leon Smaage Administration Center  
777 East Algonquin Road, Des Plaines, IL 60016  
847.824.1136

### *Algonquin Middle School*

767 East Algonquin Road, Des Plaines, IL 60016  
847.824.1205

### *Central Elementary School*

1526 Thacker Street, Des Plaines, IL 60016  
847.824.1575

### *Chippewa Middle School*

123 North 8th Avenue, Des Plaines, IL 60016  
847.824.1503

### *Cumberland Elementary School*

700 East Golf Road, Des Plaines, IL 60016  
847.824.1451

### *Forest Elementary School*

1375 South 5th Avenue, Des Plaines, IL 60018  
847.824.1380

### *Iroquois Community School*

1836 Touhy Avenue, Des Plaines, IL 60018  
847.824.1308

### *North Elementary School*

1789 Rand Road, Des Plaines, IL 60016  
847.824.1399

## SCHOOLS (CONT.)

*Orchard Place Elementary School*

2727 Maple Street, Des Plaines, IL 60018  
847.824.1255

*Plainfield Elementary School*

2727 Maple Street, Des Plaines, IL 60018  
847.824.1301

*South Elementary School*

1535 Everett Avenue, Des Plaines, IL 60018  
847.824.1566

*Terrace Elementary School*

735 South Westgate Road, Des Plaines, IL 60016  
847.824.1501

*Westerhold Early Learning Center*

1375 South 5th Avenue, Des Plaines, IL 60018  
847.824.1065

Call 847.789.5933 for more information regarding Early Childhood Programs for Maine Township residents

**Maine Township High School District #207**

R.J. Frost Administration Center  
1177 S Dee Road, Park Ridge, IL 60068  
847.696.3600

*Maine East High School*

2601 West Dempster Street, Park Ridge, IL 60068  
847.825.4484

*Maine South High School*

1111 South Dee Road, Park Ridge, IL 60068  
847.825.7711

*Maine West High School*

1755 South Wolf Road, Des Plaines, IL 60018  
847.827.6176

**Township High School District #214**

2121 South Goebbert Road, Arlington Heights, IL 60005  
847.718.7700

*Elk Grove High School*

500 West Elk Boulevard, Elk Grove, IL 60007  
847.718.4400

## SCHOOLS (CONT.)

**District #512 William Rainey Harper College**

1200 West Algonquin Road, Palatine, IL 60067

847.925.6000

**District #535 Oakton Community College**

1600 East Golf Road, Des Plaines, IL 60016

847.635.1600

**Alliance for Lifelong Learning**

847.376.7758

(Maine-Oakton-Niles-Northfield Adult Continuing Education Program)

# SOCIAL/RECREATIONAL OPPORTUNITIES

## Des Plaines Park District

*The Des Plaines Park District offers diversified year-round leisure services and recreational programs. For more information, please call the Des Plaines Park District Leisure Center listed below or visit their website [dpparks.org](http://dpparks.org).*

### **Administration and Leisure Center**

2222 Birch Street, Des Plaines, IL 60018  
847.391.5700

### **Golf Center Des Plaines**

353 North River Road, Des Plaines, IL 60016  
847.803.4653

### **Lake Park Golf Course and Marina**

1015 Howard Avenue, Des Plaines, IL 60018

### **Mountain View Adventure Center**

510 E Algonquin Road, Des Plaines, IL 60018  
847.391.5733

### **Mystic Waters**

2025 Miner Street, Des Plaines, IL 60016  
847.391.5711

### **Prairie Lakes Community Center**

515 East Thacker Street, Des Plaines, IL 60016  
847.390.5711 (Main Line) or 847.390.4949 (Aquatics Center)

### **GENCenter (former Frisbie Senior Center)**

52 East Northwest Highway, Des Plaines, IL 60016  
847.768.5944

The GENCenter is an independent, 501(c) (3) organization serving older adults in Des Plaines and surrounding communities. The Center offers a variety of social, recreational, educational, legal, employment, health and counseling programs. The Center is the custodian for the Rental Closet. Please call the center for a listing of events and for more information.

### **Maine-Niles Association of Special Recreation (M-NASR)**

Prairie View Community Center  
6820 West Dempster Street, Morton Grove, IL 60053  
847.966.5522

The Maine-Niles Association of Special Recreation (M- NASR) is dedicated to improving the quality of life for children, teens and adults with physical, mental and emotional disabilities by providing quality therapeutic recreational programs. For information call or visit their website [mnasr.org](http://mnasr.org).

### **Maine Township**

1700 Ballard Road, Park Ridge, IL 60068  
847.297.2510

Provides activities that include educational and recreational programs to seniors through Maine Streamers. For information, please call or visit the website at [mainetownship.com](http://mainetownship.com).

# SOCIAL/RECREATIONAL OPPORTUNITIES (CONT).

## **Maine Township High School**

District #207 Administration Center - Gold Card Club  
1177 South Dee Road, Park Ridge, IL 60068  
847.696.3600

Provides Maine Township High School #207 Gold Card members the opportunity to enjoy concerts, plays, swim, shows, and other entertainment. Gold Card members are Maine Township residents 62 years of age and older.

## **Mount Prospect Park District/Rec Plex**

420 West Dempster Street, Mount Prospect, IL 60056  
847.640.1000

Provides a variety of educational and recreational activities at several sites. Please call for more information on these specific programs/sites.

## **Township High School District #214 Community Education**

2121 South Goebbert Road, Arlington Heights, IL 60005  
847.718.7600

Entertainment such as live theater, concerts, opera, classic films, dances and many other exciting events for the whole family, all at very affordable prices. Call for more information.

# SUPPORT GROUPS

*Support groups educate and inform, as well as, provide an opportunity to share emotional support with others who are faced with similar issues. These groups frequently focus on special needs including Alzheimer's, arthritis, cancer, diabetes, heart disease and other illnesses. Generally, area hospitals, nursing facilities, agencies that provide counseling and health related organizations could direct you to a support group that will meet your needs.*

**AIDS/HIV and STD Hotline**

800.243.2437

**Arthritis Foundation**

312.625.1561

**National Alliance of Mental Illness - Nami-CCNN**

800.950.6264

**ALS Foundation - Lou Gehrig's Disease**

847.679.3311

**Chicago Lighthouse For The Blind**

312.666.1331

**National Multiple Sclerosis Society**

800.344.4867

**Alcoholics Anonymous**

312.346.1475

**Disabled American Veterans**

202.530.9260 or 312.980.4242

**Parkinson Disease Foundation**

800.457.6676

**Alzheimer's Associaton**

800.272.3900

**Glaucoma Research Foundation**

800.826.6693

**Raibow Hospice & Pallative Care**

847.685.9900

**American Cancer Society**

800.227.2345

**Illinois Relay**

800.526.0857 or 800.526.0844 (TTD)

**Respiratory Health Association**

888.880.5864

**American Diabetes Association**

888.342.2383

**Disabled American Veterans**

202.530.9260 or 312.980.4242

**American Heart/Stroke Association**

312.346.4675

**Glaucoma Research Foundation**

800.826.6693

**American Lung Association**

800.586.4872

**Illinois Relay**

800.526.0857 or 800.526.0844 (TTD)

# TAX SERVICES

*These agencies below provide local information on homeowner assistance, homestead exemption and discounts for seniors over 65 who own their home.*

## **AARP Area Office**

222 North LaSalle Street Suite 710, Chicago, IL 60601  
866.448.3613

Provides income tax assistance by IRS trained volunteers February 1st through April 15th.

## **Benefits Access (Illinois Department on Aging)**

555 West Monroe Street Suite 1500 - S, Chicago, IL 60661  
800.252.8966 or 888.206.1327 (TTY)

The Illinois Department of Aging provides a program that offers free transit rides for seniors and persons with disabilities and Illinois Secretary of State license plate discounts. Must be income eligible to apply. For more information on locations where you can apply in person, call the City of Des Plaines Health and Human Services Division at 847-391-5480.

## **Cook County Assesor**

118 North Clark Street Room 320, Chicago, IL 60602  
312.443.7550

## *Elk Grove Township Assessor's Office (Residents Only)*

600 Landmeier Road, Elk Grove Village, IL 60007  
847.437.0300

## *Maine Township Assessor's Office (Residents Only)*

1700 Ballard Road, Park Ridge, IL 60068  
847.297.2510

## *Wheeling Township Assessor's Office (Residents Only)*

1616 North Arlington Heights Road, Arlington Heights, IL 60004  
847.259.7730

## **Reverse Mortgage**

847.969.0561

Information available through Northwest Housing Partnership. A type of home equity conversion involving payments to, rather than from, the homeowner. This special type of loan guarantees older homeowners monthly cash advances or occasionally lump sums that do not require re-payment until the home is sold. Call for more information.

# TRANSPORTATION

## **Connections to Care**

1801 West Central Road, Arlington Heights, IL 60005  
847.222.9227

Provides transportation to medical and dental appointments for seniors 60 and older. Call for specific areas served.

## **Elk Grove Township Senior Bus**

600 Landmeier Road, Elk Grove Village, IL 60007  
847.437.0300

Provides a Dial-A-Bus program for seniors, 55 years of age or disabled 18+, who reside in Elk Grove Township. Donations are accepted. Call for application information.

## **Maine Township**

1700 Ballard Road, Park Ridge, IL 60068  
847.297.2510

Provides transportation to medical appointments. Call for specific areas served. Advance notice is required. Serves Maine Township residents, 60 years and older or disabled.

## **Pace ADA Paratransit Service**

833.722.3827

Pre-arranged curb-to-curb services for persons with disabilities only whose eligibility has been determined by the Regional Certification Process. Service operates in all suburban areas that are within 3/4 mile of Pace's regular fixed routes and during the same days and hours as the regular fixed route service.

## **RTA Fare Programs**

Individuals who are not qualified for Illinois Department on Aging Benefit can go to the following RTA Application sites: Elk Grove Township (847-437-0300), Maine Township (847-297-2510), or Wheeling Township (847-259-773).0

## **Wheeling Township Senior Bus**

1616 North Arlington Heights Road, Arlington Heights, IL 60004  
847.259.7743

Provides a Dial-A-Ride program for seniors 60 years of age and older and /or individual with disabilities who reside in Wheeling Township.

# VOLUNTEER OPPORTUNITIES

## **Clean Up - Give Back**

847.224.8592

[www.cleanupgiveback.org](http://www.cleanupgiveback.org)

Provides opportunities to beautify the landscape by engaging individuals that want to help the environment in simple ways. Provides opportunities to complete community service hours.

## **Handson Suburban Chicago**

2121 South Goebbert Road, Arlington Heights, IL 60005

847.228.1320

Provides liaison service between volunteers and agencies that need volunteer assistance. Retired Senior Volunteer Program (RSVP) is also housed at this location.

## **Jet City Coalition**

847.313.5508

Jet City Coalition organizes volunteers to assist senior and/or disabled residents with snow removal and lawn care. Please call if you need snow removal and/or lawn services or if you would like to volunteer your time to help your community members by providing snow removal and/or lawn care.

# YOUTH SUPPORT SERVICES

## **Mainstay Youth and Family Services**

1700 Ballard Road, Park Ridge, IL 60068  
847.297.2510

Offers residents of Maine Township affordable counseling for individuals, family and youth focusing on prevention and education as well as anxiety, depression, anger and family conflict. Maine Township residents should call for more information.

## **Omni Youth Services**

212 North Wolf Road, Wheeling, IL 60090  
847.353.1500

Substance Abuse treatment, juvenile justice services and counseling, child abuse services, family and individual counseling, etc. for Maine Township residents.

## **Shelter Inc.**

1616 North Arlington Heights Road, Arlington Heights, IL 60004  
847.255.8060

Provides community-based, emergency and temporary housing for children and adolescents from birth through age 17 in the northwest suburbs of Chicago who are abused, neglected, dependent or in need of supervision. Call for more information.

## **The Bridge Youth and Family Services**

721 South Quentin Road Suite 103, Palatine, IL 60067  
847.359.7490

Provides counseling and prevention programs for young people ages 0-18 and families. Services include family therapy, individual therapy, group counseling, advocacy, community education and crisis intervention. Call for more information.

## **The Harbour Inc.**

1440 Renaissance Drive Suite 240, Park Ridge, IL 60068  
847.297.8540

Community based agency provides essential services to homeless, runaway, locked out and neglected adolescent girls' ages 12-21 years old in the North/northwest suburbs of Cook County. Call for more information.